

Dad's Support Group



This group is for dad's and carer's who have a child between 0-7 years old with additional needs and live in Newham.



There is also a face-to-face support group this is **EVERY** last Friday of the month.

Tunmarsh Centre
Tunmarsh Lane
E13 9NB



The **online** support group is **EVERY** second Thursday on Teams. The sessions start at 5:30pm and finishes at 7pm.



ALL conversations are confidential. **Confidential** means not telling anyone about the topics that were talked about.



You can join the dad's support group by clicking on [this link](#) . Or you can scan the QR code on the left.



If you have any questions please contact

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Strengthen, Empower & Nurture